New Commercial Truck Driver,

Congratulations on taking the first step to becoming a part of the largest refrigerated trucking company in the United States! I am pleased that you have decided to take this step towards a successful career as a professional truck driver.

Before you become a driver with C.R. England, you will first need to obtain your Class A Commercial Driver License (CDL). Your training will give you the experience you need to obtain your CDL and start your professional driving career. The school includes both classroom and behind the wheel training. Successful graduates are guaranteed a job offer from C.R. England upon meeting our hiring requirements.

There are a wide range of opportunities for you to advance in your truck driving career with C.R. England. We have multiple career opportunities in our Dedicated, Regional, Intermodal, and National divisions. C.R. England values a strong work/family balance for our drivers. To help you find the right career path, we have developed a tool called CareerTrak, a web-based and smartphone application which allows you to find and apply for company driving positions that are the best fit for you.

We are proud to welcome you to the C.R. England family!

Sincerely,

Chad England

Chad England
Chief Executive Officer
Professional Truck Driver
C.R. England
What do I need to bring?

We want you to get off to a great start! Bringing the right information is vital!

You must bring:

- Original full-sized birth certificate issued from Vital Statistics
- Valid driver's license (no permits)
- Money for your CDL
  - (AL Residents: $48.50 Written Test, $53.50 License Fees)
  - (GA Residents: $45 Written Test, $50 Driving Test, $20 License Fees)
- Social Security card (blue card). *Remember, it cannot be laminated.*
- Two Proofs of Residency (Dated within 60 days. Phone, cable, electric, utility bill, etc.).

**IMPORTANT**

Your name on the required documents must match exactly. If they do not, please bring legal documents that indicate your name change such as a marriage certificate.

For more information on how to obtain your legal documents: [http://www.cdc.gov/nchs/w2w.htm](http://www.cdc.gov/nchs/w2w.htm)

**Questions? Call 800-421-9004**
What are the physical/medical requirements?

The D.O.T. requires that each driver meet certain qualifications and pass a physical exam (Code of Federal Regulations, title 49, sec. 391). We are fortunate to have medical facilities at each of our schools to accommodate these tests. Our goal is to help you stay healthy!

Some areas we evaluate include:

- **D.O.T. Physical**
  - Vision – Must be corrected to at least 20/40 or better in both eyes
  - Drug/alcohol screening
  - Respiratory, cardiac, medical history and medications screening
  - Hearing test with or without hearing aid

- **Agility – A very basic physical agility test is given to make sure you can:**
  - Walk under a trailer (see picture below)
  - Climb into and out of a trailer with 3 points of contact, no jumping (see pictures below)
  - Lift 30 lbs. over your head
  - Lift 50 lbs. using proper squat and lift techniques
  - Push/pull a 150 lb. sled along the bed of a trailer

**COME PREPARED!**

Certain medical conditions require additional screening. Contact your physician if any of the following apply to you:

- Diabetes/High Glucose
- Psychotropic Medications
- Unresolved Injuries
- Prescription Narcotic Medications

**NOTE:** If any of these conditions apply to you, please contact Lakeside Medical Clinic for free information regarding D.O.T. medical requirements at 877-341-2591

Questions? Call 800-421-9004
3 \textbf{STEP THREE}

\textit{What to expect at the School.}

\begin{center}
\textbf{AMERICAN TRUCK DRIVING ACADEMY}
\end{center}

5018 Highway 80 West
Opelika, Alabama 36804
Phone: (334) 298-9194   Toll Free: (800) 388-7569

- Four Week Course
- Monday through Friday 8 am-5 pm
- Physicals and UA’s will be completed on the first day of class.
- Students will have two 15 minute breaks and an hour lunch daily there are eating establishments on site and availability to a refrigerator and microwave.
- \textbf{NO MEALS ARE PROVIDED.}

Want to get ahead? Start preparing for your CDL permit today by going to:

\begin{itemize}
  \item Alabama: http://dps.alabama.gov/Documents/Manuals/CDLManual.pdf
  \item Georgia: http://www.eregulations.com/georgia/commercial/
\end{itemize}

\textbf{JOIN C.R. ENGLAND ON OUR SOCIAL NETWORKS}

\begin{itemize}
  \item www.facebook.com/CREnglandInc
  \item www.twitter.com/CREngland
  \item www.instagram.com/CR_England
  \item www.CREngland.com
\end{itemize}

Questions? Call 800-421-9004
How do I get to the school?

It’s easy!

**LOCALS:**

Students that are commuting to the school, need to arrive at 6:30 am in order to be ready for class.

**OUT OF TOWN:**

Students coming from out of town need to pack your two soft sided bags, double check that you are not missing anything, and arrive at the bus station at least 2 hours before your scheduled departure.

1. **TIP**
   - Grab some snacks for the road!

2. Once you arrive at your final Greyhound destination terminal, students can either walk to the hotel or take a taxi. (Distance: .68mi).
   - **Travel Lodge**
   - 1002 Columbus Pkwy Opeilka, AL 36801
   - Phone- (334)749-1461

3. Upon arrival at the hotel you will need to check in with your hotel confirmation number. This number is included in the travel itinerary. Write it in the box provided below.

4. **HOTEL CONFIRMATION #**

   __ __ __ __ __ __ __ __

5. After you check into your hotel room get some rest; class starts at 8 am each day!
   - Be in the hotel lobby as instructed to meet the school shuttle each morning.

Questions? Call 800-421-9004
What are some career opportunities at C.R. England?

NATIONAL
Our National Services are the largest, most comprehensive refrigerated transportation solution in the industry, spanning the entire continental United States. Our National team has the capacity and experience to serve every critical need, from routine freight transport to timely surge response. C.R. England National, from border to border, coast to coast.

DEDICATED
Have the career you’ve always dreamed of as a member of our Dedicated Division. We offer predictable miles, great income, and home time. We can help you find a more meaningful life off the road and greater responsibility while you’re on it. Over the last few years, the C.R. England Dedicated Division has grown significantly and will continue to grow in years to come. Be dedicated, live dedicated, drive dedicated.

INTERMODAL
We are growing our presence in the Intermodal industry with the introduction of refrigerated containers to its fleet of Intermodal trailers. This innovative offering has created premier local driving positions that allow drivers to be home most nights, along with industry-leading pay and new equipment.

TEAM DRIVING
Whether you already have someone you want to drive with or you need us to pair you with someone, we have plenty of miles for team drivers. By team trucking, you can drive more miles and earn more money. We even have programs that will let you train your partner! Whether that person is your spouse, brother, son, sister or friend, you can train them in your truck if you have the experience.

TRAINER
As a Driver Trainer you will team drive with a new CDL holder. Increase your earning potential by teaching and mentoring new drivers. Share your knowledge, skills, and safe driving habits and become their partner in success. Help launch the career of each new driver you train.

CareerTrak, the new driver application created for company drivers, is designed to help you find and apply for the many driving positions and career paths available to you at C.R. England. Visit https://www.crengland.com/etools to download

Questions? Call 800-421-9004